

Health & Safety Small Print

Important Notice:

*** By continuing to use Our Site, you are confirming that you have Read & Understood our full H&S Guidelines. Happy Fishing!**

Fishing

"Summary Of General Risks Associated with Angling"

Please note that this is a general risk assessment highlighting the majority of the potential problems/risks you are most likely to encounter during a day of fly fishing on the Caersws AA waters. Clearly it's impossible to anticipate every single problem or potential risk and some circumstances can be and are totally unforeseen.

Accidents do happen, take care, move slowly and above all use common sense, the responsibility for your own safety and the safety of others, lies with you.

Access

When walking to or beside a river or walking to and from a designated parking area, try to only use obvious paths where available. Steps, stiles and paths can be very slippery and boundary fences may include barbed wire or electric fences. Take extreme care when negotiating these as electric fences which are used for the control of animals, can periodically discharge high voltages. Contact with the wires may result in a painful electric shock, or worse.

Banks

Beware of undercuts in banks especially near deep water. Move slowly and with caution. Keep clear if undercurrent is suspected.

Wading

Take particular care when wading in deep or fast water and on rocky bottoms. It is recommended that you use a wading staff and suitable emergency buoyancy aid at all times.

Do not enter the water if river flows are very high and be aware of the risk of quickly rising water or flash flooding. Felt soled waders offer excellent grip on stone or gravel but are very slippery on mud or wet grass, use studs as appropriate. Please be aware that rubber soles can also be slippery on wet surfaces i.e. grass.

Power Lines

Do not fish under or near power lines, electricity can arc over considerable distances. You are ideally earthed in water to conduct electricity. Carbon fibre rods are excellent conductors of electricity as is a fly line coated in water.

Lightning

You are also perfectly earthed when in water and a carbon fibre rod is an excellent lightning conductor. You and your rod may well be the highest point around and a prime target for a lightning strike. Wherever you are fishing, and lightning occurs, put your rods down horizontally somewhere safe and take shelter ideally in a car, building or hut and don't shelter under trees.

Casting

Always be aware of other people on a river bank to avoid hitting anyone with your back-cast/fly. A peaked hat is recommended, and glasses must be worn when fishing at all times to protect your eyes from hooks.

Hooks/Fly

Hooks are sharp and easily penetrate the skin. Their use brings them into contact with bacteria etc. that can be injurious to health. Caution should be used when handling hooks and tying on or removing hooks. Rusty hooks should be avoided at all times and consideration should be given to using barb-less hooks which are safer for both the fisherman and the fish.

Weighted Flies

Weighted flies cause unpredictable movement of the leader when casting. Extreme caution should be exercised when casting weighted flies to ensure they do not come into contact with you, fellow anglers or members of the public.

Trees

Fishing under trees can be unsafe in windy conditions. Beware of falling branches.

Animals

Avoid cows with young calves, bulls, rams and farm dogs. Approach the river with caution.

Snakes

Do not touch snakes and don't put any part of your body into burrows, holes, stone walls or other similar openings.

Insects

Avoid wasps, hornets nests and beehives, wear insect repellent to reduce the risk of insect bites.

Weils Disease (Leptospirosis) & Sewage Effluent

Weils disease is transmitted in rats urine. Never put wet lines or any other items of tackle that have been in the water, in your mouth. Wear waterproof plasters on any cuts or abrasions. Weils disease symptoms are flu like, report any unexplained flu like symptom or fever to your doctor.

Lyme's Disease/Ticks

Check for ticks after returning home, remove any ticks and swab with alcohol and apply antiseptic cream. Report any unexplained fever or rash around the bite site as soon as possible to your doctor.

Blue Green Algae

Avoid contact with blue green algae. If contact is made wash off immediately and never drink the water. Never let your dog ingest blue green algae, there is no cure and its always fatal.

Dangerous Plants

Never touch any part of the Giant Hogweed, their sap is caustic and causes potentially severe burns. Never lick, chew or eat any unidentified plant, berries, fungi or mushrooms.

Falling In The Water

Falling in the water may cause drowning. Its recommended that a buoyancy aid is worn at all times when on, in or near water.

Weather Conditions

The weather may change suddenly and cause unforeseen dangerous water conditions. With all fishing and any outdoor activity, be constantly aware of changing weather conditions and the potential consequences. Strong winds make casting difficult and potentially dangerous. Avoid sunburn, wear sun block even when cloudy in the summer months and tinted glasses or sunglasses to help protect your eyes from glare.

Communication

Should you encounter any other hazardous or unsafe condition on Caersws AA waters that is not listed above, please advise any member of the Committee or the person named below, in order that it may be documented, investigated, and appropriate action taken.

Contact: Name|.....
Tel:
email:.....